

**Adams County Health Department Covid-19 Self-Assessment Tool**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Married: Yes / No  
 Parent Name (if minor): \_\_\_\_\_ Parental Consent: Signature \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
**Do you prefer to be contacted via text or email?** \_\_\_\_\_

**Health Assessment**

Did you ever have symptoms? Yes / No  
 Do you have symptoms today? Yes / No  
 Date symptoms started (if yes): \_\_\_\_\_  
 Have you seen a doctor: Yes / No  
 Other symptoms or health conditions?  
 \_\_\_\_\_

| Symptoms Experienced? |  |                        |  |
|-----------------------|--|------------------------|--|
| Abdominal Discomfort  |  | Headache               |  |
| Chills                |  | Loss of Taste or Smell |  |
| Chest Pain/Tightness  |  | Muscle Aches           |  |
| Cough                 |  | Rash (describe if yes) |  |
| Shortness of Breath   |  | Rigors                 |  |
| Diarrhea              |  | Sore Throat            |  |
| Fatigue               |  | Runny Nose             |  |
| Feverish              |  | Vomiting               |  |
| Measured Temp         |  | Other (write to left)  |  |

**Tracing**

Have you been in contact with anyone who has tested positive for COVID? \_\_\_\_\_

Have you been to any of the following (list date and location) **Go back 2 weeks – This helps us identify outbreaks.**

| Medical/Dental | Church | Shopping/Dining | Gatherings/Weddings/Other |
|----------------|--------|-----------------|---------------------------|
|                |        |                 |                           |

**Employer / School**

| Name of Organization | Dates / Times | Known Close Contacts<br><i>List on back of form</i> | Note Needed? |
|----------------------|---------------|---|--------------|
|                      |               | Yes / No  |              |
|                      |               | Yes / No  |              |
|                      |               | Yes / No  |              |

Additional Notes:  
 \_\_\_\_\_

**For Official Use Only**

Result: Positive \_\_\_\_\_ Negative \_\_\_\_\_ Data Entered By: \_\_\_\_\_  
 Notified By: \_\_\_\_\_ Data Entry Date/Time: \_\_\_\_\_  
 Notified Date/Time : \_\_\_\_\_ Case Worker: \_\_\_\_\_

